



SPARTAN HARRIERS

FIRGROVE CHALLENGE WITH DISCOVERY VITALITY

IN ASSOCIATION WITH HEART FM INCORPORATING THE PHILIP RABINOWITZ MEMORIAL WALK & 2018 RACE WALKING LEAGUE RACE

DISTANCES
21.1KM HALF MARATHON
10KM RUN
10KM WALK
6KM FUN RUN

**3rd Feb
2018**

CAPE ACADEMY FOR MATHEMATICS, SCIENCE & TECHNOLOGY
CORNER OF FIRGROVE & SPAANSCHEMAT ROAD, CONSTANTIA

ENTER ONLINE www.topevents.co.za

CLOSING DATE FOR ONLINE ENTRIES: MIDNIGHT ON 28TH JANUARY 2018
CLOSING DATE FOR IN-STORE, FAX & OFFICE ENTRIES: 25TH JANUARY 2018

TEL: 021 511 7130 • EMAIL: info@topevents.co.za
www.spartanharriers.co.za



ENTRY FORM

INDICATE EVENT	Please Tick	21.1KM	10KM RUN	10KM WALK										
AGE CATEGORY	JUNIOR	20 - 39	40 - 49	50 - 59	60 - 69	70 +								
ID NUMBER														
DATE OF BIRTH	D	D	M	M	Y	Y	Y	Y	AGE			Please Tick	MALE	FEMALE
SURNAME														
FIRST NAME														
CELL NUMBER									POSTAL CODE					
NATIONALITY														
EMAIL														
MEDICAL AID														
MEDICAL AID NUMBER														
EMERGENCY CONTACT PERSON														
EMERGENCY CONTACT NUMBER														
DO YOU BELONG TO A RUNNING CLUB?					YES					NO				
CLUB									2018 LIC #					
PROVINCE														
NUMBER COLLECTION PLEASE TICK	SPORTSMANS RONDEBOSH			SPORTSMANS TYGERVALLEY			SPORTSMANS TOKAI			SPORTSMANS SEA POINT				
T-SHIRT SIZE	SMALL	MEDIUM	LARGE	X-LARGE	XX-LARGE									

FAX ENTRIES:

Deposit in favour of:
Baleka Sport Marketing and Development
Bank: Nedbank Pinelands
Branch code: 104709
Account: 1039754767
Deposit Ref: Name & Surname
Fax entry form and deposit slip to:
021 510 7230

PAYMENTS	21 KM	10KM RUN	10KM WALK	10KM JUNIOR	TOTAL
ENTRY FEE (LICENCED) <small>Includes compulsory disposable timing chip at R15.00</small>	R105	R65	R65	R45	
ENTRY FEE (UNLICENCED) <small>Includes compulsory disposable timing chip at R15.00</small>	R160	R100	R100	R65	
CHARITY DONATIONS	R	R	R	R	
T-SHIRT	R210	R210	R210	R210	
TOTAL					

A 14% SERVICE FEE IS CHARGED WHEN ENTERING ONLINE.

IDEMNITY:

I agree not to hold the Spartan Harriers Firgrove Challenge Race Committee, Spartan Harriers, Top Events, Western Province Athletics or any other sponsors or persons assisting with the organization of this event liable for any injury, illness or loss, which I may suffer directly or indirectly as a result of participating in the race.

Signed: _____

Signature of parent or guardian if under the age of 18: _____



HOW TO ENTER

ONLINE:

enter online at www.topevents.co.za (for enquiries, please contact Top Events: (021) 511 7130 or info@topevents.co.za). Closing date: Midnight on Sunday 28th January 2018.

PLEASE NOTE IF PAYMENT IS NOT RECEIVED WITHIN 7 DAYS OF ENTRY, YOUR ENTRY WILL BE DELETED.

FAX:

Complete your entry form and fax it along with your deposit slip to (021) 510 7230. Closing date: Sunday 14th January 2018.

INSTORE ENTRIES:

Hand deliver your entry form and cash entry fee to a cashier in any of the Sportsman's Warehouse stores marked below.

You will receive 2 till slips, one to be stapled onto your entry form and the other as proof of your entry.

Please bring this with you to number collection. Closing date: Thursday 25th January 2018.

You can enter at the following Sportsmans Warehouse stores in the Western Cape:

- Sportsmans Warehouse Canal Walk
- Sportsmans Warehouse Rondebosch
- Sportsmans Warehouse Somerset Mall
- Sportsmans Warehouse Tokai
- Sportsmans Warehouse Tygervalley
- Sportsmans Warehouse West Coast
- Sportsmans Warehouse Sea Point

NO entries will be taken at number collection or on race day for the 21.1km or 10km events, only for the 6km Fun Run.

PLEASE NOTE THAT THE IDEMNITY SECTION NEEDS TO BE SIGNED IN ORDER FOR YOUR ENTRY TO BE PROCESSED.

Entry fees are non-refundable and will be donated to charity, if an entry is cancelled before race day.

CONFIRMATION OF ENTRY:

- Fax and online entries will receive a confirmation email (if an email address is provided by you)
- Prior to number collection you will receive a sms, indicating your race number and the registration venue you selected.
- Please bring proof of your entry, email confirmation or sms confirmation with to Number Collection on Friday 2nd February 2018 from 10h00 - 17h00

NUMBER COLLECTION:

- Number collection for fax, in-store and online entries will take place on Friday 2nd February 2018 from 10h00 – 17h00 at:
 - o Sportsmans Warehouse Rondebosch
 - o Sportsmans Warehouse Tygervalley
 - o Sportsmans Warehouse Tokai
 - o Sportsmans Warehouse Sea Point
- NO UPGRADES, DOWNGRADES OR SUBSTITUTIONS WILL BE DONE AFTER THE CLOSING DATE OF 14th January 2018.

TOP EVENTS COMPULSORY DISPOSABLE TIMING CHIP:

Your timing chip will be placed on your race number. The race number must be worn on the front of your vest and visible at the finish line. There is a foam strip on the back of the race number. Please do not remove the timing chip and foam strip from the race number – doing so will result in NO finish time. For safety and timing purposes, ONLY the person assigned to this race number may use it. For all results or result queries please visit www.topevents.co.za or call (021) 511 7130 or email info@topevents.co.za

START TIMES:

- 21.1km 05:45am - cut off 09: 15am
- 10km Run 05:50am - cut off 08:00am
- 10km Walk 06:10am - cut off 08:00am
- 6km Fun Run 07:00am

START AND FINISH VENUE:

Cape Academy for Mathematics, Science & Technology Centre (Cnr of Firgrove & Spaanschemat Road, Constantia)

MEDALS:

- 21.1km: Gold: 1-5, Silver: 6-50, Bronze: All finishers before cut off time
- 10km Run: Gold: 1-5, Silver: 6-50, Bronze: All finishers before cut off time
- 10km Walk: Gold: 1-3 Silver: 4-20, Bronze: All finishers before cut off time
- 6km: Medals to all finishers

PRIZE MONEY:

1. Prize giving will take place at 09H30 where category winners will receive their prizes, followed by the lucky draws.
2. Juniors (born 1999 or later) must be under the age of 20 as at the 31st December 2018.
3. Participants must be present with their race number to claim prizes in the lucky draw.

PRIZE MONEY STRUCTURE:

21.1KM HALF MARATHON: MALE & FEMALE			
	1st	2nd	3rd
Junior 16 - 19	R850	R650	R400
Open	R2500	R1500	R1000
40-49	R750	R500	R300
50-59	R750	R500	R300
60-69	R750	R500	R300
70+	R750	R500	R300

10KM RUN: MALE & FEMALE			
	1st	2nd	3rd
Junior 14 - 19	R750	R500	R250
Open	R1400	R850	R500
40-49	R450	R300	R200
50-59	R450	R300	R200
60-69	R450	R300	R200
70+	R450	R300	R200

10KM WALK: MALE & FEMALE			
	1st	2nd	3rd
OPEN	R450	R300	R200



RACE RULES

1. The Spartan Harriers Firgrove Challenge is run in accordance with the rules of ASA and WPA.
2. The Spartan Harriers Firgrove Challenge half marathon & 10km races are open to all licenced and non-licenced runners of 16 years and older for the Half Marathon and 14 years and older for the 10km.
3. One race number (bib) will be issued. Registered athletes must wear their ASA licences on the front and back of their vest. The race number must be worn on the front of the vest, partially covering the ASA licence, so that the ASA licence sponsor remains visible.
4. Temporary licences are available at R55 for the 21.1km and R35 for the 10km Senior and R20 for 10km Junior events.
5. Temporary licenced participants are eligible for age category prizes provided they enter the relevant age group, wear the appropriate age tags and provide proof of age.
6. Unlicenced runners must wear plain clothes (no advertising permitted). Official event race number to be worn on the front and the temporary licence number on the back.
7. Personal seconding is not permitted except at official refreshment stations. Private vehicles are requested not to follow the athletes on the route.
8. In addition to overall (Open) prizes, participants will only be eligible for an age category prize in the age category they enter. Corresponding numerical age category tags must be worn on the front and back of their club vest. Participants may enter the age category corresponding to their chronological age or any younger category up to senior.
9. Proof of age is required for category prizes.
10. Juniors (born from 1999 or later) wearing a junior or a senior licence must wear an age category tag to qualify for age group prizes.
11. No swapping of race numbers as the race number is linked to your name and finishing time and may result in your disqualification.
12. Each race distance has a different race number range and colour with your data captured electronically. Do not transfer between races without notifying the race organisers.
13. All traffic officers and marshals must be obeyed.
14. The race organisers reserve the right to accept or reject any entry.
15. Foreign athletes must comply with IAAF rule 4.2 and all relevant race and domestic rules. The athletes must be able to produce the letter from his/her federation permitting participation on race day.
16. The entry fee is non-refundable.
17. Kilometre markers will be placed at each kilometre mark.
18. Refreshment stations will be situated approximately every 3km along the route.
19. Medals will be handed to all finishers.
20. There will be tog bag facilities. Bags dropped off at runners' own risk. The organiser will be not be held responsible for any loss or damages.
21. Toilets will be available at the start and finish.
22. Prize giving will take place at 09h30.
23. Results will be available at www.topevents.co.za and www.wpa.org.za
24. The use of music players with headphones is not allowed and may result in disqualification.
25. Do not litter. Dispose of sachets and cups responsibly by using the boxes provided or carrying them to the Finish. Report offenders to the referees. #RunClean.
26. Detailed rules are available on www.wpa.org.za or on request from the organisers or the WPA office.
27. Wheelchair athletes must please contact the organisers timeously to discuss arrangements for their participation.
28. By entering the Spartan Harriers Firgrove Challenge which forms part of the Discovery Vitality Run Series, you agree to share relevant personal information with Discovery Vitality.



CHARITY

The Western Cape Education Department (WCED) has established the Cape Academy of Mathematics, Science and Technology in Cape Town to provide specialised schooling for learners with the potential to excel in these subjects in the Senior Certificate examinations. The Academy accepts both day learners and boarders, and is situated in attractive surroundings in Firgrove Road, Constantia, Cape Town. The Academy draws learners from all communities, with an emphasis on those from previously disadvantaged communities. While focusing on mathematics and science-related subjects, the Academy offers a full range of matriculation subjects. The school started in 2004 with learners in Grade 10. The Academy forms part of a broad WCED Mathematics and Science Strategy to improve results in these subjects throughout the province. The school seeks to increase the number of Senior Certificate candidates passing mathematics and science on the higher grade.



RACE DIRECTORS:

21.1km:	Michael Adams	083 296 5953
10km Run:	Cuan Richards	081 370 1499
10km Walk:	Allizon Sangster	082 373 4473
Fun Run:	Stuart Mc Pherson	082 042 5158